

General Information about the 2025 Highground Veterans Weekend Retreat:

We do not provide transportation or funding for transportation to and from your home and the retreat. Veterans are responsible, including financially, to get themselves to the retreat and back home.

Confirmation of your accepted registration, a completed waiver form and receipt of your \$50 Save my Space Fee is required to complete your registration. Contact Theresa at The Highground for your waiver form – museum@thehighground.org 715-743-4224.

The fee can be paid by check made out to “The Highground” with “Veterans Retreat” and veterans name (if not already on the check) in the memo. The check should be mailed to The Highground, W7031 Ridge Rd, Neillsville WI 54456 Attn: Theresa. The fee can also be paid over the phone with our Gift Shop 715-743-4224. **This Save My Space fee will be refunded / returned to the veteran when they attend the retreat or cancel prior to May 31, 2025.**

Lodging– Overnight lodging will be at the Moraine Motel, adjacent to The Highground; in a camper parked at the Moraine Motel; or camping on your own at The Highground camp / picnic area. Veterans may have to share a double room if the number of veterans makes that necessary. If you are signing up with a friend, please sign up to share a room together. We will have “overflow” lodging at our Highground buildings with air beds on the floor of rooms. The buildings are equipped with showers and kitchens.

Please double-check that you have all your medications, necessary items, etc as we are 40 minutes away from any “big box stores”.

Food – We will supply all main meals, snacks, water, coffee, soda, juice. Those of you that have been at our weekends before know that if you go away hungry it’s your own fault! Please let us know ahead of time (by May 30th) of any food allergies / sensitivities. We will do the best we can to have a wide variety of choices for those that need to avoid certain ingredients. **We cannot guarantee that there will not be cross-contamination of food ingredients. If you have a severe allergy, please contact me directly about this and be prepared to supply your own food.** Even though we will have snacks available almost round the clock, we will require that you are on time for the scheduled meals and finish your meal with the group so our limited kitchen volunteer staff can get their tasks completed.

Bug Spray / Sunscreen – We will have a general brand of bug spray and sunscreen that you are welcome to use, but please bring your own if you have any skin sensitivities or medical requirements.

Mobility – The Highground is designed to be accessible to most mobility-challenged individuals. But, we do not have staff that are trained or available for one-on-one constant assistance or supervision. If you need someone to assist you physically for daily care or mobility you will need to bring an assistant with you. The assistant will have to fill out a registration form and we will have to know their details and confirmation that they are coming the same as we would any veteran attending (to plan lodging space, meals, etc)

Photographs – You are welcome to take photos of The Highground and its beautiful surroundings. Any photos with recognizable staff and/or veterans should be taken only after getting the permission of those people. As this is a healing retreat, we want to be very respectful of others privacy and of the healing uninterrupted aspect of ongoing workshops and conversations.

Dogs – Only service / therapy dogs are allowed. These dogs will have to be under control, well-behaved, and not disruptive to the workshops or The Highground retreat weekend in general. Doggy “doo” must be picked up by the owner and disposed of in a bag in an outdoor garbage can. There are several acres away from the tributes & Plaza for a dog to pee, so please try to have them take care of this business in areas that are not around the tributes, buildings, fire pits, etc.

Respect – The Highground is privately owned and generously provided for healing veterans events. Respect is at the core of these events and is expected at all times. Refrain from discussing “triggering” subjects such as religion and politics. Respect that others may become excessively stressed by a conversation about military service that gets intense – we encourage veterans to talk about their experiences, but you may need to find one of our on-site qualified staff or

another veteran that is at the same stage of comfort with sharing. ANY disrespect to The Highground by purposeful littering, damage, repeated disruptive / harassing behavior will result in that person leaving The Highground and the Veterans Weekend.

The Retreat is an alcohol and drug-free event. Please respect that there may be attendees that are on an addiction recovery journey.

We are going to be outdoors for most workshops and general activities – please dress accordingly and have clothing / footwear for hot – cold, wet – dry, buggy conditions.